



## ALTENS COMMUNITY CENTRE

Strathburn Street, Altens,

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### **Welcome to Altens Community Centre!**

**We offer services and facilities to all of the Cove and Altens community and further afield.** The Centre is managed by a Voluntary Committee of 13 local people from across our community.

Margaret Vieira chaired the Committee until June 2010. Following her long overdue retirement; staff and Committee members surprised her with a meal to celebrate all of the commitment and work she has put into the Centre for the past many years (see photo below).

The new acting chairperson is Tracy Leach, a young mum, who is also actively involved in Pebbles Playgroup which runs in the Centre.

The Centre is a valuable resource in the area; we have a range of activities as shown in our programme. It is open every Monday to Friday between 9.00am and 5.00pm with evenings and weekend opening by prior arrangement. We have rooms available to hire for parties, meetings, conferences etc., please call for more information and speak to Sheila, our new Centre Administrator. Please do pop in for a cuppa and get involved!



# Farmhouse Coffee Lounge

Why not come along to the Altens Community Centre Coffee Lounge and enjoy a chat with family/friends over a cup of tea or coffee?

The Coffee Lounge is open:

Monday to Thursday  
9.30am – 4.00pm

Friday  
9.30am – 2.00pm

Saturday and Sunday/Public Holidays  
Closed

## CENTRE PROGRAMME

### **Badminton**

Tuesday 10.00 – 12.00am  
Wednesday 7.15 – 8.15pm

### **50+ Bingo**

Thursday 1.00 – 3.00pm

### **Bingo**

Thursday 7.30 – 9.30pm

### **Cheerleaders**

Wednesday from 6.00pm & Sundays  
from 10.30pm

### **Drop in Art**

Thursday from 10.00am

### **Family & Local History**

Tuesday Evenings – 7.30pm – 9.30 pm  
Run by Margaret Vieira

### **Fishies 2'S Group**

Children from 22months – 3years  
Monday, Tuesday, Wednesday and Friday  
Mornings

### **Gardening Club**

Last Thursday each month 7pm – 9pm

### **Guitar Lessons**

Sundays from 6.30pm

### **Indoor Bowling**

Mondays from 1pm

### **Line Dancing**

Line Dancing – Beginners 6.00 – 7.00pm  
Line Dancing – Advanced 7.00 – 8.00pm

### **Miss Forest School of Dance**

Fridays from 3.00pm

### **Pebbles Playgroup**

Monday - Friday Mornings  
Playgroup for kids from 2.5 years – 5

### **Rising 5's**

Monday and Wednesdays afternoons  
Fun play sessions for pre-school kids

### **Senior Jazz**

Tuesday 8.00 – 9.00pm

### **Tania Maitland School of Dance**

Tuesday & Thursday Evening

### **Taxi School**

Monday & Wednesday from 7.00pm

### **Tuesday Club**

Open to all members of the community for social company (in conjunction with Alzheimer Scotland) Tuesday 2.00 – 4.00pm

### **Women's Circle**

2nd Tuesday Monthly 2.15 – 4.00pm

### **Sequence Dancing**

Mondays from 8.15pm

### **WeightWatchers**

Tuesday 12.00 – 2.00pm

### **Zumba Fitness**

Fridays from 9.30am

### **Fa dae ye think ye are?**

*How many of us think we will get around to having a look at our family tree - sometime? This is an opportunity to find out how to get started.*

Come to an open evening with the **Family History Group** at Altens Community Centre, Strathburn Street.

**Tuesday 26th October  
7.30pm-9pm.**

with tea/coffee and biscuits

**Contact Margaret on 879112**

### **Tuesday Club**

There will be an information evening

in conjunction with Alzheimer Scotland

**week commencing  
6th September**

Please contact  
Altens Community Centre  
for more details  
**01224 896798**

The Tuesday Club runs each week from 2pm to 4pm

### **REMEMBER**

Saturday 14th August  
12noon til 4pm

is Fun Day  
at Altens Community Centre

Keep an eye out for more information around the community!

### **WANTED**

#### **Mini Bus Drivers**

We are still looking for a few more volunteer drivers.

Are you between 25 and 70 with spare time available?

Then we need

**YOU!**

If you are interested in helping out please contact the Centre on **01224 896798**