

## Main Surgery

Cove Bay Health Centre  
Earn's Heugh Road  
Cove Bay, Aberdeen  
AB12 3FL  
Tel: 0845 337 1170  
Fax: 01224 846857

Dr D Fowler, Dr A D Jamieson  
Dr A J Henderson  
Dr L J MacKenzie Dr R Taylor  
Dr S Whiteside Dr S Govindarajan  
Dr A Macfarlane & Dr C Mitchell  
*Consultations by Appointment Only*

## Branch Surgery

Kincorth Medical Centre  
Kincorth Clinic  
Provost Watt Drive,  
Kincorth, Aberdeen.  
AB12 5NA  
Tel: 0845 337 1170  
Fax: 01224 899182

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## Changes at the Practice

The practice would like to congratulate our practice nurse Debbie Foreman and her husband Barry on the safe arrival of their son Angus James Foreman who was born on 6th April 2011. Mum and baby are both doing well.

Sarah Cran, our Healthcare Assistant, has decided to stay at home and not return to work at the practice following her maternity leave. The practice would like to wish her all the very best for the future. Kate Rhind and Jess Rose will be covering her clinics from June onwards.

## GP Appointments

A routine Doctor's appointment at our practice is for 10 minutes. If you have more than one item to discuss with the doctor please advise the receptionist when booking the appointment that you will require a longer time and that a double appointment will be needed. This should help prevent the Doctor from running too late. If you require a further supply of any repeat medications at your appointment please have a note of all the medications required to help the Doctor keep running to schedule. Please avoid asking for other peoples' prescriptions during your appointment as requests for these can be given to reception instead.

## Ways to Access Help from Our Healthcare Professionals

We are a busy two centre practice who tries to ensure all our patients have appropriate access to a Healthcare Professional when they need to. A lot of patients think they always need a Doctor's appointment but this is not always the case.

Our nursing team are able to provide help and advice on a wide range of ailments including wound care, immunisations and screening programmes. They are happy to call patients back with advice – Just call the above number and ask to leave a message for them. In addition, the local pharmacies can offer advice and support on lots of health related issues – please see our posters in reception on this. There are currently two Health Point centres, one is in the Aberdeen Market, manned Monday to Saturday 10am-4pm and the other is in the ARI, manned 10am-4pm Monday to Friday. This service gives information, advice and support to the public by signposting patients to appropriate services and organisations. Help can also be given to people who require assistance in approaching services.

We have a Duty Doctor Service available Monday to Friday 8am to 6pm. The Duty Doctors are able to discuss matters with patients over the telephone which may not require an appointment – this might include medication queries, medical advice or follow up consultations. Again please call the above number and the Duty Doctor will call you back the same day. If the Duty Doctor speaks to you and feels you need to be seen, they will ask you to come to the surgery for an emergency appointment.

We release new Doctors appointments into our timetable each morning at 8am for that day, the next day and 72 hours later. Our timetable is usually available to book 8 weeks ahead – If you wish an appointment for further away, we can take a note of your

details and we will call you when we add that week to the computer. On Mondays and Thursdays we offer extended opening, with appointments available between 7am and 8 am at Cove, available for both Kincorth and Cove patients.

### ***GPs Areas of Interest***

**Dr David Fowler** (Partner) has special interest in Rheumatology and Asthma/Chronic Obstructive Pulmonary Disease (COPD). He does regular joint injection clinics at the practice.

**Dr Alasdair Jamieson** (Partner) has specialist interest in Cardiovascular Disease and Diabetes.

**Dr Andrew Henderson** (Partner) undertakes Minor Surgery within the Practice and has a special interest in Diabetes.

**Dr Lynne Mackenzie** (Partner) has interests in GP Teaching, Women's Health

(including contraception advice) and is trained to fit contraceptive coils.

**Dr Richard Taylor** (Partner) is also an Honorary Psychotherapist at Cornhill Hospital and looks after the Palliative and Cancer Care within the Practice. He also fits Contraceptive Implants.

**Dr Samantha Whiteside** (Partner) has interest in Sexual and Reproductive Health (Men and Womens), Contraception including implant insertion and menopause management.

**Dr Senthil Govindarajan** (Partner) has interest in Minor Surgery, Drug Misuse and GP Training.

**Dr Catherine Mitchell** (Partner) has interest in Sexual and Women's Health and Diabetes.

**Dr Anna Macfarlane** (Partner) has interest in Medicines Management, Heart Disease, Allergies, Sexual Health and fits Contraceptive Implants.