

DEANO DOES EURO DOUBLE

Local lad Dean Sutherland (13) travelled to Venice, Italy with the GB squad to participate in the ISKA European Kickboxing Championships. This huge event saw over 21 countries competing. Dean



had an amazing week and returned to Scottish soil Double European Champion 2011 after fighting off stiff competition to win 2 Gold medals in the 45kg under 17 years divisions of semi contact & continuous sparring. He added to this a Silver medal for Korean Style Patterns

This has ended a great year for Dean who achieved 'adult' blackbelt status in taekwon-do in March after 8 years of hard work, training and dedication.

Deano now holds Scottish, British, Irish, European & World titles for sparring

NAE BAD FUR A WEE LOON FAE COVE

Thanks again to everyone for all their good wishes and support