

### **Main Surgery**

Cove Bay Health Centre  
Earn's Heugh Road  
Cove Bay, Aberdeen  
AB12 3FL  
Tel: 0845 337 1170  
Fax: 01224 846857

Dr D Fowler, Dr A D Jamieson  
Dr A J Henderson  
Dr L J MacKenzie Dr R Taylor  
Dr S Whiteside Dr S Govindarajan  
Dr A Macfarlane & Dr C Mitchell  
*Consultations by Appointment Only*

### **Branch Surgery**

Kincorth Medical Centre  
Kincorth Clinic  
Provost Watt Drive,  
Kincorth, Aberdeen.  
AB12 5NA  
Tel: 0845 337 1170  
Fax: 01224 899182

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## **Update from Cove Bay & Kincorth Medical Centre – July 2011**

### **Changes at the Practice**

We are pleased to announce that Dr Emma Mathieson is starting at the practice in August and will be with us for one year as our new Career Start Doctor. Dr Cathy Hamilton is also joining the practice in August for one year. Dr Hamilton is a hospital Doctor who is doing her training to become a GP.

### **Patient Self-Referral to Out-Patient Physiotherapy Service in Aberdeen**

In June 2011, patient self-referral to the out-patient physiotherapy clinics in Aberdeen was introduced for patients with musculoskeletal problems (including continence and other pelvic dysfunction). This means that patients over the age of 16 are able to refer themselves directly to physiotherapy without having to see their GP first. Please ask at reception for a referral form and leaflet if relevant.

### **Telephone Options Change**

We have reduced the number of options

available when you telephone the practice. There are now only 3 options: press 1 if you have a medical emergency, press 2 for appointments, advice, enquiries or home visits and press 3 for the results line which is only available between the hours of 10am and 5pm. We hope patients will find this easier to use.

### **In House Family Planning Services**

We offer family planning advice including the insertion of IUD's (Intra Uterine Devices) and IUS's (Intra Uterine Systems or Mirena) commonly known as coils. If you are interested in finding out more, please make an appointment with Dr Mackenzie.

Drs Taylor, Whiteside and Macfarlane also fit and remove Nexplanon (formally known as Implanon) Contraceptive Implants. Counselling for these can sometimes be done over the telephone before we make an appointment for the insertion. Please contact reception for more details.